

# 1. ADULT WAIVER AND RELEASE OF LIABILITY

## 2. MINOR WAIVER AND RELEASE OF LIABILITY

IN CONSIDERATION OF BEING ALLOWED TO PARTICIPATE IN ANY WAY IN THE UNITED STATES SOO BAHK DO MOO DUK KWAN, MARTIAL ARTS CHAMPIONSHIPS OR TESTING PROGRAMS, RELATED EVENTS AND ACTIVITIES, THE UNDERSIGNED:

1. Agrees that the parent(s) and/or legal guardian will instruct the minor participant that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her instructor or supervisor of such conditions(s) and refuse to participate.
2. Acknowledge and fully understand that each Participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the forgoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue UNITED STATES SOO BAHK DO MOO DUK KWAN FEDERATION INC., REGION 9 SOO BAHK DO, its affiliated clubs, their respective administrators, directors, agents, instructors, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "RELEASES", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

WE HAVE READ THE ABOVE WAIVER AND RELEASE; UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT VOLUNTARILY.

**1. Printed Name of Adult Participant:**

Address of Adult Participant:

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**2. Printed Name of Minor Participant:**

Address of Minor Participant:

Institution/Organization:

**Printed Name of Parent or Legal Guardian:**

Parent or Guardian Signature/Relationship \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian Signature/Relationship \_\_\_\_\_ Date: \_\_\_\_\_

THIS FORM MUST BE FILLED OUT IN ORDER TO COMPETE IN THE EVENT