

# ENTRY FORM

**BOTH SIDES OF THIS FORM MUST BE COMPLETE**

**39TH  
U.S. SOO BAHK DO  
MOO DUK KWAN FEDERATION  
REGION 9  
CHAMPIONSHIPS  
SATURDAY, JUNE 29, 2024  
RUSH GYMNASIUM  
1651 W. 162ND. STREET  
GARDENA CA 90247  
Gardena Soo Bahk Do (310) 293-8156**



**FORMS/HYUNG**

DIVISION \_\_\_\_\_  
(SEE REVERSE SIDE OF FORM)  
NAME \_\_\_\_\_  
STUDIO \_\_\_\_\_  
RANK (BELT COLOR) \_\_\_\_\_  
AGE \_\_\_\_\_

NAME \_\_\_\_\_

AGE \_\_\_\_\_ SEX \_\_\_\_\_ WT. \_\_\_\_\_ HT. \_\_\_\_\_

EMERGENCY TELEPHONE # ( ) \_\_\_\_\_

RANK \_\_\_\_\_

STUDIO NAME \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

SIGNATURE: \_\_\_\_\_  
(IF UNDER 18, SIGNATURE OF PARENT)

SPARRING DIVISION	
FORMS DIVISION	

**SPARRING/MOO DO SPARRING**

DIVISION \_\_\_\_\_  
(SEE REVERSE SIDE OF FORM)  
NAME \_\_\_\_\_  
STUDIO \_\_\_\_\_  
RANK (BELT COLOR) \_\_\_\_\_  
AGE \_\_\_\_\_ WT. \_\_\_\_\_

- **EARLY REG. FEE \$70** one or two events  
(no extra charge for both events, forms & sparring)
- **EARLY FAMILY FEE \$95** for two or more  
(both events, forms and sparring)
- DAN TEAM HYUNG \$75
- EVENT T-SHIRTS FOR ALL COMPETITORS

(CIRCLE THE SIZE)

YOUTH S M L  
ADULT S M L XL XXL

**DEADLINE:** EARLY REGISTRATIONS MUST BE  
POSTMARKED BY JUNE 10, 2024

**LATE REGISTRATION & AT DOOR FEE:**  
AFTER JUNE 10, 2024- \$80 PER ENTRANT OR \$110  
FOR FAMILIES

**MAKE CHECK OR MONEY ORDER PAYABLE TO:**

“REGION 9 SOO BAHK DO”

Mail to: Region 9 Soo Bahk Do  
PO Box 81164, San Diego, CA 92138

- \* REGISTER BY MAIL ON OR BEFORE  
June 10, 2024 FOR THE DISCOUNT
- \* CHECK IN STARTS AT 8:30 AM  
LINE UP AT 9:00 AM SHARP!
- \* CHILDREN'S COMPETITION IN THE AM
- \* ADULT'S COMPETITION IN THE PM
- \* DEMONSTRATIONS AFTER LINE UP
- \* MOO DO SPARRING FOR DANS
- \* SPECTATORS WELCOME!
- \* GENERAL ADMISSION FREE!

FOR MORE INFORMATION, PLEASE CONTACT  
Gardena SOO BAHK DO AT (310) 293-8156  
OR EMAIL REGION9FORMS@YAHOO.COM

**FORM/HYUNG AND SPARRING DIVISIONS**

**SPARRING DIVISIONS FOR ADULTS (15+)**  
**ARE DIVIDED BY SEX, FORMS ARE NOT**

**WHITE, ORANGE, GREEN & RED BELT**

**6 & UNDER (4,5,6)**

**7 & 8**

**9 & 10**

**11 TO 14**

**WOMEN 15 TO 17**

**MEN 15 TO 17**

**WOMEN 18 TO 30**

**MEN 18 TO 30**

**WOMEN 31 TO 45**

**MEN 31 TO 45**

**WOMEN 46 TO 59**

**MEN 46 TO 59**

**WOMEN 60+**

**MEN 60+**

**CHO DAN**

**10 & UNDER**

**CHO, EE & SAM DAN**

**11 TO 14**

**WOMEN 15 TO 17**

**MEN 15 TO 17**

**WOMEN 18 TO 30**

**MEN 18 TO 30**

**WOMEN 31 TO 45**

**MEN 31 TO 45**

**WOMEN 46 TO 59**

**MEN 46 TO 59**

**WOMEN 60+**

**MEN 60+**

**DAN TEAM YOUTH**

**DAN TEAM ADULT**

**MOO DO SPARRING DAN (CAN DO BOTH)**

**KO DAN JA**

**SA, O, YUK DAN FORMS**

**50+ FORMS**

**21 + MOO DO SPARRING**

**50+ MOO DO SPARRING**

**WEIGHT DIVISIONS FOR MEN'S SPARRING**

**LTW-169 LBS. & BELOW, HVYWT 170 LBS. AND ABOVE**

**BRING YOUR OWN HEAD / HAND GEAR**  
**& MOUTHPIECE**

**1. ADULT WAIVER AND RELEASE OF LIABILITY**

**2. MINOR WAIVER AND RELEASE OF LIABILITY**

IN CONSIDERATION OF BEING ALLOWED TO PARTICIPATE IN ANY WAY IN THE UNITED STATES SOO BAHK DO MOO DUK KWAN, MARTIAL CHAMPIONSHIPS PROGRAM, AND RELATED EVENTS AND ACTIVITIES, THE UNDERSIGNED:

1. Agrees that the parent(s) and/or legal guardian will instruct the minor participant that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her instructor or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each Participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, severe social and economic losses which might result not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable to us.
3. Assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue U.S. SOO BAHK DO MOO DUK KWAN FEDERATION INC. OR REGION 9 SOO BAHK DO, its affiliated clubs, their respective administrators, directors, agents, instructors, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "RELEASES", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

**WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY**

Printed name of Adult Participant \_\_\_\_\_

Address of Adult Participant \_\_\_\_\_

Adult's Signature \_\_\_\_\_ Date \_\_\_\_\_

Name of Minor Participant \_\_\_\_\_

Address of Minor Participant \_\_\_\_\_

Institution/Organization \_\_\_\_\_

Printed Name of Parent or Legal Guardian \_\_\_\_\_

Parent or Guardian Signature/Relationship \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature/Relationship \_\_\_\_\_ Date \_\_\_\_\_

**THIS FORM MUST BE FILLED OUT IN ORDER TO COMPETE IN THE EVENT**